







Emerson House Portland Lower Terrace

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am Breakfast 12:30pm Lunch 3:00pm Afternoon Snack 5:30pm Dinner	<p>KEY MU= "Makeup Session" * = PIF Funds Required LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor</p>	<p>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</p>	<p>BIRTHDAYS</p> <p>Lila 5-22</p> 			<p>1</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>
<p>2</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>3</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>4</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>5 Cinco De Mayo</p> <p>11:00 Exercise </p> <p>3:00 Ice Cream Social </p>	<p>6</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>7</p> <p>11:00 Exercise </p> <p>2:00 Music Therapy</p> <p>3:00 Mom's Day Social (UT)</p>	<p>8</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>
	<p>10</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>11</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>12</p> <p>11:00 Exercise</p> <p>3:00 Ice Cream Social</p>	<p>13</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>14</p> <p>11:00 Exercise</p> <p>3:00 Happy Hour</p>	<p>15</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>
<p>16</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>17</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>18</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>19</p> <p>11:00 Exercise</p> <p>3:00 Ice Cream Social</p>	<p>20</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>21</p> <p>11:00 Exercise</p> <p>2:00 Music Therapy</p> <p>3:00 Tea Time</p>	<p>22</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>
<p>23</p> <p>Activity with Care Staff</p> <hr/> <p>30</p> <p>Activity with Care Staff</p>	<p>24 / 31</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>25</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>26</p> <p>11:00 Exercise</p> <p>3:00 Ice Cream Social</p>	<p>27</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>28</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>	<p>29</p> <p>Morning Exercise</p> <p>Afternoon Activity</p>

***Residents residing on the Lower Terrace are encouraged to attend Middle/Upper Terrace activities, when tolerated and appropriate.**

Please see Middle & Upper Terrace calendars for scheduled activities.

***24/7 Activity kits are available for use and are in the activity closet.**

Activities may be subject to change to accommodate the needs of the residents.

Please see Life Enrichment for details