







# Emerson House Portland Middle Terrace

# May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Activities may be subject to change to accommodate the needs of the residents &amp; pandemic</i></p>	<p><b>Key</b>                      MU= "Makeup Session"                      * = PIF Funds Required                      LED= Life Enrichment Director                      LEA= Life Enrichment Assistant                      CG= Care Giver                      RR= Reservation Required                      UT= Upper Terrace= 3rd Floor</p>	<p><b>8:30am Breakfast</b>  <b>12:30pm Lunch</b>  <b>3:00pm Afternoon Snack</b>  <b>5:30pm Dinner</b></p>	<p><b>BIRTHDAYS</b>  <b>Estella 5/28</b></p> 		<p><b>1 May Day</b>  <b>Activities with Caregivers</b></p>	<p><b>2</b>  <b>Activities with Caregivers</b></p>
<p><b>3</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:00 Spa Time (LED)                      2:00 Balloon Toss (LED)                      3:00 What Am I (LED)                      4:00 Individual Visits (LED)</p>	<p><b>4</b>                      9:30 Exercise (LED)                      10:15 Game Show (LED)                      11:15 Sing-A-Long (LED)                      1:00 Book Club (LED)                      1:30 Gardening (LED)                      2:30 Scrambled words (LED)                      3:30 Remembering Songs (LED)</p>	<p><b>5 Cinco De Mayo</b>                      9:30 Exercise (LED)                      10:30 Brain Games (LED)                      11:15 Sing-A-Long (LED)                      1:00 Arm Chair Travel (LED)                      2:00 Ice Cream Social (LED)                      3:00 Sensory Activity (LED)                      4:00 Bible Study (LED)</p> 	<p><b>6</b>                      9:30 Exercise (CG)                      10:00 Game Show (CG)                      11:15 Sing-A-Long (CG)                      1:00 Fun &amp; Games (LED)                      2:15 Taste Test (LED)                      3:00 Crafters Corner (LE)                      4:00 Making Music (LED)</p>	<p><b>7</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:30 Spa Time (LED)                      2:00 Music Therapy  <b>3:00 Mothers Day Social (LED)</b>                      4:00 Individual Visits (LED)</p> 	<p><b>8</b>  <b>Activities with Caregivers</b></p>	
<p><b>9</b>  </p>	<p><b>10</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:00 Spa Time (LED)                      2:00 Balloon Toss (LED)                      3:00 What Am I (LED)                      4:00 Individual Visits (LED)</p>	<p><b>11</b>                      9:30 Exercise (LED)                      10:15 Game Show (LED)                      11:15 Sing-A-Long (LED)                      1:00 Book Club (LED)                      1:30 Gardening (LED)                      2:30 Scrambled words (LED)                      3:30 Remembering Songs (LED)</p>	<p><b>12</b>                      9:30 Exercise (LED)                      10:30 Brain Games (LED)                      11:15 Sing-A-Long (LED)                      1:00 Arm Chair Travel (LED)                      2:00 Ice Cream Social (LED)                      3:00 Sensory Activity (LED)                      4:00 Bible Study (LED)</p>	<p><b>13</b>                      9:30: Exercise (CG)                      10:00 Game Show (CG)                      11:15 Sing-A-Long (CG)                      1:00 Card Games (LED)                      2:00 In The Kitchen (LED)                      3:00 Crafters Corner (LED)                      4:00 Making Music (LED)</p>	<p><b>14</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:30 Spa Time (LED)                      2:00 Reminiscing w/Senses (LED)  <b>3:00 Happy Hour (LE)</b>                      4:00 Individual Visits (LED)</p>	<p><b>15</b>  <b>Activities with Caregivers</b></p>
<p><b>16</b>  <b>Activities with Caregivers</b></p>	<p><b>17</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:00 Spa Time (LED)                      2:00 Balloon Toss (LED)                      3:00 What Am I (LED)                      4:00 Individual Visits (LED)</p>	<p><b>18</b>                      9:30 Exercise (LED)                      10:15 Game Show (LED)                      11:15 Sing-A-Long (LED)                      1:00 Book Club (LED)                      1:30 Gardening (LED)                      2:30 Scrambled words (LED)                      3:30 Remembering Songs (LED)</p>	<p><b>19</b>                      9:30 Exercise (LED)                      10:30 Brain Games (LED)                      11:15 Sing-A-Long (LED)                      1:00 Arm Chair Travel (LED)                      2:00 Ice Cream Social (LED)                      3:00 Sensory Activity (LED)                      4:00 Bible Study (LED)</p>	<p><b>20</b>                      9:30 Exercise (CG)                      10:00 Game Show (CG)                      11:15 Sing-A-Long (CG)                      1:00 Fun &amp; Games (LED)                      2:15 Taste Test (LED)                      3:00 Crafters Corner (LE)                      4:00 Making Music (LED)</p>	<p><b>21</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:30 Spa Time (LED)                      2:00 Music Therapy  <b>3:00 Tea Time</b>                      4:15 Individual Visits (LED)</p>	<p><b>22</b>  <b>Activities with Caregivers</b></p>
<p><b>23</b>  <b>Activities with Caregivers</b></p>	<p><b>24 / 31 Memorial Day (31)</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:00 Spa Time (LED)                      2:00 Balloon Toss (LED)                      3:00 What Am I (LED)                      4:00 Individual Visits (LED)</p> 	<p><b>25</b>                      9:30 Exercise (LED)                      10:15 Game Show (LED)                      11:15 Sing-A-Long (LED)                      1:00 Book Club (LED)                      1:30 Gardening (LED)                      2:30 Scrambled words (LED)                      3:30 Remembering Songs (LED)</p>	<p><b>26</b>                      9:30 Exercise (LED)                      10:30 Brain Games (LED)                      11:15 Sing-A-Long (LED)                      1:00 Arm Chair Travel (LED)                      2:00 Ice Cream Social (LED)                      3:00 Sensory Activity (LED)                      4:00 Bible Study (LED)</p>	<p><b>27</b>                      9:30: Exercise (CG)                      10:00 Game Show (CG)                      11:15 Sing-A-Long (CG)                      1:00 Card Games (LED)                      2:00 In The Kitchen (LED)                      3:00 Crafters Corner (LED)                      4:00 Making Music (LED)</p>	<p><b>28</b>                      9:30 Exercise (LED)                      10:15 Daily Chronicles (LED)                      11:15 Sing-A-Long (LED)                      1:30 Spa Time (LED)                      2:00 Reminiscing w/Senses (LED)  <b>3:00 Movie</b></p>	<p><b>29</b>  <b>Activities with Caregivers</b></p>
<p><b>30</b>  <b>Activities with Caregivers</b></p>	<p>4:00 Individual Visits (LED)</p>	<p>3:30 Remembering Songs (LED)</p>	<p>4:00 Bible Study (LED)</p>	<p>4:00 Making Music (LED)</p>	<p>3:00 Movie</p>	